



| | Breakfast WEEK 1 | Breakfast WEEK 2 | Breakfast WEEK 3 | Breakfast WEEK 4 |
|------------------|-------------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------|------------------------------------------------------------|
| MONDAY | Oatmeal w/ raisins & milk | Apple skins ala mode w/ granola & milk | Oatmeal w/ raisins & milk | Apple skins ala mode w/ granola & milk |
| TUESDAY | NLDS teddybear shaped gingerbread pancakes w/ raspberries & milk | Eggs in a Nest w/ sliced pears or cantalope & milk | NLDS teddybear shaped gingerbread pancakes w/ raspberries & milk | Eggs in a Nest w/ sliced pears or cantalope & milk |
| WEDNESDAY | Scrambled eggs w/ cream cheese, apples, toast & milk | Pancakes topped w/ blueberries & milk | Scrambled eggs w/ cream cheese, apples, toast & milk | Pancakes topped w/ blueberries & milk |
| THURSDAY | Stuffed french toast w/ strawberries & milk | Egg burritos w/ shredded cheese, apple slices & milk | Stuffed french toast w/ strawberries & milk | Egg burritos w/ shredded cheese, apple slices & milk |
| FRIDAY | Cheerios w/ bananas & milk | Cornflakes w/ raisins & milk | Cheerios w/ bananas & milk | Cornflakes w/ raisins & milk |
| SATURDAY | Scrambled eggs w/ cream cheese, apples, toast & milk | Pancakes topped w/ blueberries & milk | Scrambled eggs w/ cream cheese, apples, toast & milk | Pancakes topped w/ blueberries & milk |
| | Lunch WEEK 1 | Lunch WEEK 2 | Lunch WEEK 3 | Lunch WEEK 4 |
| MONDAY | Pigs in a Blanket w/ peas, orange slices & milk | Mac & Cheese w/ broccoli, pineapple slices & milk | Pigs in a Blanket w/ peas, orange slices & milk | Mac & Cheese w/ broccoli, pineapple slices & milk |
| TUESDAY | Chicken pizza w/ mixed vegs, fruit cocktail & milk | Chili beans w/ crackers w/ corn, fruit cocktail & milk | Chicken pizza w/ mixed vegs, fruit cocktail & milk | Chili beans w/ crackers w/ corn, fruit cocktail & milk |
| WEDNESDAY | Tuna casserole w/ mushroom soup, rice & peas, baby carrots & milk | Spaghetti w/ tomato sauce & ground beef, applesauce & milk | Tuna casserole w/ mushroom soup, rice & peas, baby carrots & milk | Spaghetti w/ tomato sauce & ground beef, applesauce & milk |
| THURSDAY | Sloppy Joes w/ green beans, applesauce & milk | Chicken burritos w/ mixed vegs, apples & milk | Sloppy Joes w/ green beans, applesauce & milk | Chicken burritos w/ mixed vegs, apples & milk |
| FRIDAY | Turkey sandwiches w/ corn & pears & milk | tuna sandwiches w/ sliced carrots, peaches & milk | Turkey sandwiches w/ corn & pears & milk | tuna sandwiches w/ sliced carrots, peaches & milk |
| SATURDAY | Tuna casserole w/ mushroom soup, rice & peas, baby carrots & milk | Spaghetti w/ tomato sauce & ground beef, applesauce & milk | Tuna casserole w/ mushroom soup, rice & peas, baby carrots & milk | Spaghetti w/ tomato sauce & ground beef, applesauce & milk |
| | Snack WEEK 1 | Snack WEEK 2 | Snack WEEK 3 | Snack WEEK 4 |
| MONDAY | Banana caterpillars w/ cream cheese & pretzel sticks | Chex trail mix w/ raisins and peaches | Banana caterpillars w/ cream cheese & pretzel sticks | Chex trail mix w/ raisins and peaches |
| TUESDAY | Cheese nachos w/ refried beans & shredded carrots | Fruit smoothies w/ graham crackers, orange slices | Cheese nachos w/ refried beans & shredded carrots | Fruit smoothies w/ graham crackers, orange slices & water |
| WEDNESDAY | Ice Cream cones filled w/ yogurt & frozen berries | Cheese quesadilla w/ carrot sticks | Ice Cream cones filled w/ yogurt & frozen berries | Cheese quesadilla w/ carrot sticks |
| THURSDAY | Apple slices w/ banana pudding & vanilla wafers | Jello squares w/ granola & pineapple chunks | Apple slices w/ banana pudding & vanilla wafers & water | Jello squares w/ granola & pineapple chunks |
| FRIDAY | Fruit cocktail w/ graham crackers | Yogurt w/ fresh fruit & pretzel sticks | Fruit cocktail w/ graham crackers & water | Yogurt w/ fresh fruit & pretzel sticks |
| SATURDAY | Cheese nachos w/ refried beans & shredded carrots | Cheese quesadilla w/ carrot sticks | Cheese nachos w/ refried beans & shredded carrots | Cheese quesadilla w/ carrot sticks |

